

2021 4-H Youth Development In-Service Listing



Title: *"Fundraising 101/ Understanding the 4-H Foundation"*

Instructor: Ryan Hensley

Descriptor: Learn how to manage relationships, steward donors and how to make the ask. We also cover how to most effectively utilize the 4-H Foundation.

Preferred Dates: CR = Monday, May 3

WR = Thursday, May 27

ER = Monday, August 16

Type of Presentation/Location: Face-to-Face Regional Presentations

Title: *"Low Ropes Course Training"*

Instructor: Ridley 4-H Center Staff

Descriptor: This in-service training will provide you the opportunity to be an actively engaged participant on the low ropes course at the Ridley 4-H Center. It is designed to teach you how to work together in a team setting to solve problems, achieve goals and most importantly safety all while learning about each element on the low ropes course. This in-service training will be a six hour training. Upon completion of the training, you will be able to help lead the low ropes course during your week of 4-H summer camp. All 4-H agents and adult volunteer leaders are welcome to attend. For questions, please contact the Ridley 4-H Center.

Preferred Dates: WR = April 26, 2021

Type of Presentation/Location: Face-to-Face at Ridley 4-H Center

Title: *"Challenge Course/Team-Building Initiatives Training"*

Instructor: Scottie Fillers and Tanner Pruett

Descriptor: Challenge course/team-building initiatives are an invaluable component of any camping program. Participants in this in-service will 1) explore the role of the facilitator and how he/she best sets the tone for a successful learning experience; 2) learn about group dynamics and how to best engage various group populations; 3) understand the experiential learning cycle, including how to adapt and modifying activities to create an impactful program designed to meet user needs; and 4) examine different methods to help team process and debrief their challenge course/team-building experience.

Preferred Dates: ER = Monday, April 19

Type of Presentation/Location: Face-to-Face at York 4-H Center

Title: *"Building a 4-H Volunteer Management Superstructure"*

Instructor: Daniel Sarver

Descriptor: Rome wasn't built in a day, and neither will your County 4-H Volunteer Superstructure. In this In-Service, learn how to design and frame up a solid 4-H Volunteer Management Superstructure that will stand the test of time. Learning components of this In-Service will include management systems, volunteer motivations, and volunteer empowerment.

Preferred Dates: CR = Monday, March 1

WR = Monday, January 25

ER = Wednesday, August 18

Title: *"The Mystical and Magical Powers of the 4-H Enrollment System"*

Instructor: Daniel Sarver

Descriptor: The SUPER 2.0 4-H Enrollment system boasts of incredible power. To wield it, one must feel confident in its power to transform complex tasks into simple ones. Participants will be guided through the 4-H Enrollment system, and experience a glimpse into its full force and might as a planning, evaluating, and reporting instrument.

Preferred Dates: CR = Friday, April 30

WR = Friday, March 26

ER = Friday, March 26

Title: *"Conflict Resolution"*

Instructor: ANR Leadership Development Leadership Team

Descriptor: All of us experience conflict at one time or another. It can't be avoided. You can, however, learn how to productively manage it. There are five conflict management styles. In this in-service, you will learn all five styles, including an identification of your preferred style -- and when to use them. This training is based on the Thomas-Kilmann Conflict Mode Instrument.

Dates: February 22-24, 2021

Type of Presentation/Location: Face-to-face, Regional Presentations

Title: *"Mindful Mixed Media"*

Instructors: Lori Gallimore and Neal Hughes, MDiv, MA, LSPE

Descriptor: For most of us, the year 2020 was the year that was not. We found ourselves frustrated, scrambling, and creating balancing acts that never in our wildest dreams we thought we'd ever have to do. What about yourself? Did you take time for yourself? Did you break away? Did you find it difficult to relax?

In this in-service, you will learn two skills. The first is basic mindfulness practice. The second is mixed media (i.e. watercolor, handlettering, bookbinding and collage). Using these two practices together will give you some new tools to use to relax, focus and renew. We will learn techniques, create journals and explore ways to offer this training for our junior high and senior high 4-H members, 4-H day camps, FCE clubs, etc. This in-service can be taught either face-2-face or virtual. There will be a supply list sent to you in advance.

Preferred Dates: CR = Monday, August 16

WR = Thursday, August 5

ER = Wednesday, August 25

Title: "B.E.S.T.: Building Exceptionally Skilled Teachers"

Instructor: Lori Gallimore

Descriptor: The goal of B.E.S.T. is to equip Extension educators to enhance the quality of their teaching. B.E.S.T. consists of three legs, Preparation, Presentation, and Professionalism. Each leg will address an important component of teaching.

Day One (half day):

Students deliver a prepared presentation for evaluation with the following learning outcomes.

- (1) Evaluation by instructor, peers and self
- (2) Identify personal deficiencies in public speaking and teaching skills

Day Two (full day):

Participants are exposed to various techniques that will improve public speaking and teaching skills with the following learning outcomes:

- (1) Gain knowledge necessary to improve public speaking skills
- (2) Learn how to organize a presentation
- (3) Address various methods of presenting (including online and face-to-face)
- (4) Understand the importance of audience involvement

Day Three (half day):

Participants will redesign and then redeliver their previous presentation via Zoom given on "day one" based on their evaluations and knowledge gained from "day two" of the training. The delivery will be conducted in an online format via Zoom, rather than face-to-face. The objective is to document student improvement with the following learning outcomes:

- (1) Develop confidence and effectiveness in public speaking and teaching
- (2) Improve the quality of life/well-being of families of participants that attend UT/TSU Extension presentations
- (3) Use knowledge and skill gained from training to create an effective online presentation
- (4) Recognize differences that must be taken into account regarding the design between online and face-to-face presentations

Preferred Dates: CR = April 12 and 13

November 29 and 30

WR = May 25 and 26

December 1 and 2

ER = April 28 and 29

September 15-16

Type of Presentation/Location: Face-to-Face, Regional presentations (suggesting that two date sets are established for each region -- one for spring and one for fall); Two consecutive days need to be set for face-to-face meetings (day one and day two)

NOTE: Registration is in K@TE, not SUPER 2.0

Title: "4-H Camp: MESH and Medical Tool Kit"

Instructors: Lacy Harnage and Marissa Lemley

Descriptor: This inservice is intended to introduce 4-H agents to managing medical and mental health issues while at 4-H Camp. The inservice will cover a wide range of topics that both new and seasoned 4-H agents have questions about.

Preferred Dates: CR = Monday, March 29

Type of Presentation/Location: Webinar

Title: "Getting Kids Outdoors with the 4-H Outdoor Recreation Activities"

Instructors: Scott Reese

Descriptor: The days of kids spending all day outside have been replaced with cell phones, tablets and couches. Connecting youth of today with activities they can do outdoors is a great way to improve their physical and mental health. Participants will learn how to use activities like fishing, kayaking, outdoor cooking, wildlife observation, hiking, and camping, to expand 4-H participation to new and diverse audiences. Let's go outdoors!

Preferred Dates: CR = Friday, May 21

WR = Thursday, May 20

ER = Thursday, March 26

Title: "Engaging 4-H'ers in Meaningful Project Work"

Instructors: Jennifer Richards

Descriptor: Each of the 4-H project areas are guided by project area outcomes. These outcomes are set by subject matter specialist and reviewed by 4-H agents and specialists. But how do these outcomes translate into meaningful project work for 4-Hers at all levels? This session will provide an overview of all new project area outcomes, give examples of how to use the outcomes to guide programming and project work, and unveil the new project area guides to support independent project work.

Preferred Dates: WR -- Thursday, October 7

ER -- Monday, October 11

CR -- Friday, October 22

** Can also be delivered online, if needed and preferred

Type of Presentation/Location: Face-to-Face; One-day in-services in all three regions